



Faculty of Arts and Social Sciences
Psychology

Course Reading

Positive psychology and salutogenic perspective

Valid from 09/02/2024

Course Code: PSAM07

Course Title: Positive psychology and salutogenic perspective

Credits: 7.5

Degree Level: Master's level

Books

Eriksson, Monica (2015). *Salutogenes : om hälsans ursprung : [från forskning till praktisk tillämpning]*. Stockholm: Liber 1. uppl.

Lopez, Shane J., Pedrotti, Jennifer Teramoto, Snyder, C. R. (2015). *Positive psychology : the scientific and practical explorations of human strengths*. Thousand Oaks, Calif.: SAGE <http://swbplus.bsz-bw.de/bsz413894177inh.htm> 3. ed.

Book Chapter

Scott, Britain A., Amel, Elise L., Koger, Susan M., Manning, Christie M. (2021). Being the Change We Want to See (kap 11-12). *Psychology for sustainability* (p. 279-327) New York, NY: Routledge Fifth edition Britain A. Scott, Elise L. Amel, Susan M. Koger, and Christie M. Manning

Articles

Seligman, M & Csikszentmihalyi, M (2000). Positive Psychology: An introduction. *American Psychologist*, 55 (1), pp. 5-14

Vetenskapliga artiklar tillkommer
