



Faculty of Arts and Social Sciences
Educational Work

Course Reading

Adventurous play in preschool

Valid from 08/31/2026

Course Code: PAGF10

Course Title: Adventurous play in preschool

Credits: 7.5

Degree Level: Undergraduate level

Books

Axelsson, S. (2023). *Riskfylld lek och undervisning*. Lärförlaget.

Hangaard Rasmussen, T. (2016). *Lek på rätt väg? På spaning efter leken*. Studentlitteratur.

Kvalnes, Ø., & Hansen Sandseter, E. B. (2023). *Risky Play: An Ethical Challenge*. Palgrave Macmillan.
https://link.springer.com/chapter/10.1007/978-3-031-25552-6_1

Lund Fasting, M. (2019). *Playing outdoors*. Scandinavian university press.
<https://www.idunn.no/doi/epdf/10.18261/978-82-15-03484-3-2019>

Öhman, M. (2026). *Värna barns lekstyrka*. Gothia fortbildning.

Articles

Brussoni, M., Gibbons, R., Gray, C., m fl. (2015). What is the relationship between risky outdoor play and health in children?: A systematic review. *International Journal of Environmental Research and Public Health*, 12 (6), p. 6423-6454. <https://doi.org/10.3390/ijerph120606423>

Obee, P., Hansen Sandseter, E B., Gerlach, A., & Harper, N J. (2020). Lessons Learned from Norway on Risky Play in Early Childhood Education and Care. *Early Childhood Education Journal*, 49, p. 99-109.
<https://link.springer.com/article/10.1007/s10643-020-01044-6>

Web resources

SFS 2010:800. Skollag. https://www.riksdagen.se/sv/dokument-lagar/dokument/svenskforfattningssamling/skollag-2010800_sfs-2010-800

Skolverket. (2025). Läroplan för förskolan - Lpfö 18. <https://www.skolverket.se/getFile?file=13246>

UNICEF Sverige (2018). Barnkonventionen: FN:s konvention om barnets rättigheter. <https://unicef.se/rapporter-och-publikationer/barnkonventionen>

Ytterligare artiklar eller bokkapitel på svenska och engelska kan tillkomma i kursen enligt lärarens anvisningar. Max 200 sidor.

Approved by the Faculty Board of Arts and Social Sciences 08/10/2026