



Faculty of Arts and Social Sciences  
Sports Science

## Course Reading

### Applied Sport Psychology

Valid from 08/15/2019

**Course Code:** IDGBB2

**Course Title:** Applied Sport Psychology

**Credits:** 7.5 ETCS cr

**Degree Level:** Undergraduate level

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#### **Misc.**

Burton, D. & Raedeke, T. D (2008), Sport Psychology for Coaches

Hassmén, N. & Hassmén, P (2008), Idrottsvetenskapliga forskningsmetoder

Hassmén, P., Kenttä, G. & Gustafsson, H (2009), Praktisk idrottspsykologi

Høigaard, R. & Jørgensen, A (2002), Coachingsamtal inom idrotten

Weinberg, R & Gould, D (2018), Foundations of Sport and Exercise Psychology, 7E

Vetenskapliga artiklar tillkommer.

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Approved by the Faculty Board of Arts and Social Sciences 06/12/2019