



Faculty of Arts and Social Sciences
Sports Science

Course Reading

Sports and Health Related Practical Placement II

Valid from 01/18/2021

Course Code: IDGB17

Course Title: Sports and Health Related Practical Placement II

Credits: 7.5 ETCS cr

Degree Level: Undergraduate level

Books

Gjerde, S. (2012). *Coaching : vad, varför hur*. Lund: Studentlitteratur 378 sidor

Holm-Ivarsson, Barbro (2009). *MI - motiverande samtal: praktisk handbok för hälso- och sjukvården: Fysisk aktivitet, kost & övervikt, riskbruk av alkohol, tobaksbruk*. Stockholm: Gothia
Antal sidor 63

Høigaard, Rune & Jørgensen, Arild (2002). *Coachingsamtal inom idrotten*. Stockholm: SISU
idrottsböcker Antal sidor 120

Potrac, P., Gilbert, W., & Denison, J (2015). *The Routledge Handbook of Sports Coaching*.
London: Routledge Antal sidor 510

Reference material

Coakley, J (2017). *Sports in society: Issues & controversies*. Boston: McGraw-Hill

Approved by the Faculty Board of Arts and Social Sciences 09/09/2020