



Faculty of Arts and Social Sciences
Sports Science

Course Reading

Sports Pedagogy and physical activity

Valid from 01/18/2021

Course Code: IDGB15

Course Title: Sports Pedagogy and physical activity

Credits: 7.5 ETCS cr

Degree Level: Undergraduate level

Books

Hassmén, Peter, & Hassmén, Nathalie (2010). *Idrottsledarskap*. Stockholm: Natur & Kultur Antal sidor 408

Lyle, John, & Cushion, Chris (2017). *Sport coaching concepts. A framework for coaching practice*. New York: Routledge Antal sidor 353

Reference material

Cote, J., & Gilbert, W (2009). "An Intergrative Definition of Coaching Effectiveness and Expertise". *International Journal of Sports Science & Coaching.*, 4 (3), p. 17

Approved by the Faculty Board of Arts and Social Sciences 08/24/2020