



Faculty of Arts and Social Sciences
Sports Science

Course Reading

Sports and Health Related Practical Placement I

Valid from 08/31/2020

Course Code: IDGB14

Course Title: Sports and Health Related Practical Placement I

Credits: 7.5 ETCS cr

Degree Level: Undergraduate level

Books

Gjerde, Susanne (2012). *Coaching vad, varför, hur*. Lund: Studentlitteratur Antal sidor 378

Holm-Ivarsson, Barbro (2016). *MI - motiverande samtal: praktisk handbok för hälso- och sjukvården: Fysisk aktivitet, kost & övervikt, riskbruk av alkohol, tobaksbruk*. Stockholm: Gothia
Antal sidor 112

Høigaard, Rune & Jørgensen, Arild (2002). *Coachingsamtal inom idrotten*. Stockholm: SISU
idrottsböcker Antal sidor 120

Potrac, P., Gilbert, W., & Denison, J (2015). *The Routledge Handbook of Sports Coaching*.
London: Routledge Antal sidor 510

Approved by the Faculty Board of Arts and Social Sciences 02/25/2020