



Faculty of Arts and Social Sciences
Sports Science

Course Reading

Applied Sport Psychology

Valid from 08/31/2020

Course Code: IDGB12

Course Title: Applied Sport Psychology

Credits: 7.5 ETCS cr

Degree Level: Undergraduate level

Books

Burton, D. & Raedeke, T. D (2008). *Sport Psychology for Coaches*. Champaign, IL: Human Kinetics Antal sidor 304

Weinberg, R & Gould, D (2018). *Foundations of Sport and Exercise Psychology, 7E*. Antal sidor 680

Reference material

Hassmén, N. & Hassmén, P (2008), *Idrottsvetenskapliga forskningsmetoder*, Antal sidor 416

Hassmén, P., Kenttä, G. & Gustafsson, H (2009), *Praktisk idrottspsykologi*, Antal sidor 252

Vetenskapliga artiklar tillkommer.

Approved by the Faculty Board of Arts and Social Sciences 02/25/2020