



Faculty of Arts and Social Sciences
Sports Science

Course Reading

Sport Psychology

Valid from 08/31/2020

Course Code: IDGB11

Course Title: Sport Psychology

Credits: 7.5 ETCS cr

Degree Level: Undergraduate level

Books

Moran, A., & Toner, J. (2017). *A Critical Introduction to Sport Psychology*. London: Routledge
Antal sidor 494

Weinberg, R & Gould, D (2019). *Foundations of Sport and Exercise Psychology, 7E*. Antal sidor 664

Reference material

Jones, Robyn L & Kingston, Kieran (2013), *An introduction to sports coaching : connecting theory to practice*, Antal sidor 260

Potrac, P. Gilbert, W. & Denison, J (2013), *Handbook of Sports Coaching*, Antal sidor 507

Vetenskapliga artiklar tillkommer.

Approved by the Faculty Board of Arts and Social Sciences 02/13/2020