



Faculty of Arts and Social Sciences
History

Course Reading

History as Social Therapy and Trauma Recovery

Valid from 08/31/2026

Course Code: HIA200
Course Title: History as Social Therapy and Trauma Recovery
Credits: 7.5
Degree Level: Master's level

Books

Ahonen, Sirkka (2012). *Coming to terms with a dark past: How post-conflict societies deal with history*. Frankfurt am Main: Peter Lang 181 pages

Book Chapter

Alexander, J. C.. Toward a Theory of Cultural Trauma. *Cultural Trauma and Collective Identity* (p. 1-30) Berkeley: University of California Press. <https://doi.org/10.1525/9780520936768-002> 29 pages

Nolte, Ernst (1993). Between Historical Legend and Revisionism? The Third Reich Perspective of 1980. In Knowlton, James & Cates, Truett (Editor). *Forever in the Shadow of Hitler?: Original Documents of The Historikerstreit, the Controversy Concerning the Singularity of the Holocaust* (p. 1-15) Prometheus Books 16 pages PDF

Articles

Andersson, Rikard, Östlund, Lars & Törnlund, Erik (2005). The Last European Landscape to be Colonised: A case-study of Land-Use Change in the Far North of Sweden 1850-1930. *Environment and History* (3), p. 293-318. https://www.environmentandsociety.org/sites/default/files/key_docs/andersson-oestlund-toernlund-11-3.pdf 25 pages

Assmann, Aleida (2006). History, Memory, and the Genre of Testimony. *Poetics Today*, 27 (2), p. 261-273. <https://doi.org/10.1215/03335372-2005-003> 13 pages

Carr, Alan (1998). Michael White's narrative therapy. *Contemporary Family Therapy*, 20 (4), p. 485-503. <https://search.ebscohost.com/login.aspx?direct=true&db=aph&AN=11605306&site=ehost-live> 20 pages

Cobb, Sara (2013). Narrative. *Narrative and Conflict: Explorations in Theory and Practice*, 1 (1). 26 pages- PDF

Freud, Sigmund. Mourning and Melancholia. *On the History of the PsychoAnalytic Movement Papers on Metapsychology and Other Works, XIV (1914-1916)*. http://www.english.upenn.edu/~cavitch/pdf-library/Freud_MourningAndMelancholia.pdf 16 pages

Froeyman, Anton (2016). The ideal of objectivity and the public role of the historian: some lessons from the Historikerstreit and the History Wars. *Rethinking History*, 20 (2), p. 217-234. <https://doi.org/10.1080/13642529.2016.1153270> 18 pages

Lacapa, Dominick (2016, 2025/06/16/). Trauma, History, Memory, Identity: What Remains?: History and Theory. 55 (3), p. 375-400. <http://www.jstor.org/stable/24809608> 26 pages

Langenbacher, Eric (2010). The Mastered Past?: Collective Memory Trends in Germany since Unification. *German Politics & Society*, 28 (1 (94)), p. 42-67. <http://www.jstor.org/stable/23744719> 28 pages

Martinez, Angelica R., Rubenstein, Richard E. (2016). The Truth of Fiction, Literature as a Source of Insight into

Social Conflict and Its Resolution: International Journal of Conflict Engagement and Resolution. 4 (2), p. 208-223. <https://www.jstor.org/stable/26928702> 17 pages

Ojala, Carl-Gösta, Nordin, Jonas M. (2015, 2026/06/21/). Mining Sápmi: Colonial Histories, Sámi Archaeology, and the Exploitation of Natural Resources in Northern Sweden: Arctic Anthropology. 52 (2), p. 6-21. <http://www.jstor.org/stable/26449412> 16 pages

Rüsen, Jörn (2011). Using History: The Struggle over Traumatic Experiences of the Past in Historical Culture. *Politics and History*, 11, p. 14-18. <https://ejournals.epublishing.ekt.gr/index.php/historein/issue/view/144> 5 pages

In addition to the required reading, 300?500 pages of fiction are assigned. A list of selectable titles can be found in the welcome information.

Approved by the Faculty Board of Arts and Social Sciences 06/22/2026