



Faculty of Arts and Social Sciences
Dance

Course Reading

Dance, Movement and Body as Meaningful Expressions

Valid from 01/20/2025

Course Code: DAGT00

Course Title: Dance, Movement and Body as Meaningful Expressions

Credits: 7.5

Degree Level: Undergraduate level

Book Chapter

Bloom, L.A (2008). Kap 1-2. *The moment of movement: Dance improvisation* (1 ed., p. 5-13, 16-19, 22-24) London: Dancebooks Finns som PDF på studiewebben

Bullington, J (2007). Kap 1-2 och 4. *Psykosomatik. Om kropp, själ och meningsskapande* (1 ed., p. 23-52 och 109-140) Stockholm: Studentlitteratur

Koteen, D & Stark Smith, N (2021). Kapitel anges vid kursstart och distribueras som PDF. *Caught Falling; The Confluence of Contact Improvisation, Nancy Stark Smith, and Other Moving Ideas* (1 ed.) Middletown: Wesleyan University Press

Merleau-Ponty, M (1997). Kap. 2 Kroppsupplevelsen och den klassiska psykologin. *Kroppens fenomenologi* (p. 41-49) Uddevalla: Daidalos Finns som PDF på studiewebben

Thelin, M (2008). Kap. 6-9. In Carlssons (Editor). *Dansens helande kraft* (1 ed., p. 32-83) Stockholm: Carlssons

Thulin, K (2007). Kap. 1, 3 och 6. In Carlssons (Editor). *Alla dessa rum: Om skapande, rörelse, lek och dans* (1 ed., p. 17-30, 43-63, 101-117) Stockholm: Carlssons Finns som PDF på studiewebben

Articles

Colace, E (2020). The art of movement improvisation in psychotherapy: Taking dance-movement improvisation into the intersubjective field. *Body, Movement and Dance in Psychotherapy. An International Journal for Theory, Research and Practice* 15 (1), p. 38-52.
<https://www.tandfonline.com/doi/full/10.1080/17432979.2019.1705394>

Payne, H (2006). The Body as Container and Expresser: Authentic Movement groups in the development of wellbeing in our bodymindspirit. *Research Gate*.
https://www.researchgate.net/publication/242710191_the_body_AS_Container_ANd_EXPRESSER_Authentic_Movement_groups_in_the_develop

Ravn, S. (2020). Investigating Dance Improvisation: From Spontaneity to Agency. *Dance Research Journal*, 52 (2), p. 75-87.
<https://www.cambridge.org/core/services/aop-cambridge-core/content/view/4AD0D55456BCB4B41F68050F44402D0A/S0149767720000182a.pdf/investigating-dance-improvisation-from-spontaneity-to-agency.pdf>

Serrander, E (2011). Den levda kroppen i terapirummet: Ett existentiellt perspektiv på den förkroppsligade relationen. *Insikten* (1), p. 40-48. Finns som PDF på studiewebben

Misc.

Ytterligare artiklar kan tillkomma

Reference material

Koch, S, Kunz, T, Lykou, S, Cruz, R (2014). Effects of dance movement therapy and dance on health-related psychological outcomes: A meta-analysis. *The Arts in Psychotherapy*, 1 (41), p. 46-64. <https://reader.elsevier.com/reader/sd/pii/S0197455613001676?token=ADAC6A6ACD5B00F099BEB7AF27AD6C311D46EFBFB3FEDA664C11BBBE76671CFCD754A7E3017797FFAE1E66B1FEA7A92B&originRegion=west-1&originCreation=20221205143519>

Pallaro, P (1999). *Authentic Movement: Essays by Mary Starks Whitehouse, Janet Adler and Joan Chodorow*. London: Jessica Kingsley Publishers