



Faculty of Arts and Social Sciences
Social Work

Syllabus

Personal and professional development I

Course Code:	SMGB11
Course Title:	Personal and professional development I <i>Personlig och professionell utveckling I</i>
Credits:	1.5
Degree Level:	Undergraduate level
Progressive Specialisation:	First cycle, has only upper-secondary level entry requirements (G1N)

Major Field of Study:
SAA (Social Work)

Course Approval

The syllabus was approved by the Faculty of Arts and Social Sciences 2023-03-08, and is valid from the Autumn semester 2023 at Karlstad University.

Prerequisites

Admission to the Social Work programme (SGGEN).

Learning Outcomes

Upon completion of the course, students should be able to:

1. identify and discuss how their own personality and personal situation influence their professional practice as social workers, and
2. reflect upon the significance of self-knowledge and empathy in relation to social work.

Content

The course introduces the significance of personal and professional development for a future career and professional identity,

The aim of the course is for students to develop the ability to evaluate and reflect upon their

own professional approach and acquire an in-depth understanding of personal traits, experiences, and knowledge that may be relevant for their future role as social workers.

Instruction is in the form of supervision in groups and one week of Personal and Professional Development (PPU) which involves lectures and seminars. The course also includes written components focused on reflection.

Reading List

See separate document.

Examination

Learning outcomes 1-2 are assessed based on an individual written hand-in assignment and active participation in supervision sessions and seminars.

The examiner may decide that a student who is very close to a passing grade can complete a supplementary assignment to receive a passing grade for a specific examination. If this is a possibility, the students must be informed in writing no later than the start of the course, and the examiner must specify when and how such a supplementary assignment may be permitted.

If students have a decision from Karlstad University entitling them to Targeted Study Support due to a documented disability, the examiner has the right to give such students an adapted examination or to examine them in a different manner.

Grades

One of the grades Pass (G) or Fail (U) is awarded in the examination of the course (C2012/323).

Quality Assurance

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course evaluation is partly based on student views and experiences obtained in accordance with current regulations and partly on other data and documentation. Students will be informed of the result of the evaluation and of any measures to be taken.

Course Certificate

A course certificate will be provided upon request.

Additional information

The local regulations for studies at the Bachelor and Master levels at Karlstad University stipulate the obligations and rights of students and staff.

Required course for the Social Work programme (SGGEN).