



Faculty of Economic Sciences, Communication and IT  
Psychology

### Syllabus

#### **Course Approval**

The syllabus was approved by the Faculty Board of Economic Sciences, Communication and IT on 7 March 2007, and is valid from the Autumn semester of 2007 at Karlstad University.

**Course Code:** PSGA17

**Transpersonal Psychology, 7.5 ECTS Credits**

**(Transpersonell psykologi, 7.5 Swedish credit points)**

**Degree Level:** Bachelor

**Progression Level:** A

#### **Language of Instruction**

The language of instruction is Swedish.

#### **Prerequisites**

General admission requirements.

#### **Major Field of Study**

Psychology

#### **Learning Outcomes**

Upon completion of the course, students should have acquired:

-a broad foundational knowledge of the origin and history of transpersonal psychology, and its prominent authorities and their research and theories,

-an understanding of the concept of altered states of consciousness and the ways in which such states can be treated or made use of in a clinical context and in psychotherapy,

-a basic understanding of the differences between Western and Eastern perspectives on knowledge and conceptions of the world, and a basic understanding of the similarities and the differences between the spiritual/religious belief systems of natural peoples, on the one hand, and those of the world religions, on the other,

-an understanding of expressions of spirituality in modern Western trends such as New Age and private religion, and

-a broad foundational knowledge of clinical conditions such as psychoses and spiritual emergencies, as well as how these conditions can be treated.

#### **Content and Form of Instruction**

The course begins with a general overview of the theory of science and history of transpersonal psychology. The course also covers different and altered states of consciousness, spiritual emergencies, and the role of

spirituality in everyday life. Both Eastern and Western knowledge perspectives are included. The application of transpersonal psychology in psychotherapy and clinical practice are also addressed briefly.

#### Reading List

See separate document.

#### Examination

Examination is in the form of a written take-home examination.

#### Grades

One of the grades Distinction (VG), Pass (G), or Fail (U) is awarded in the examination of the course.

#### Quality Assurance

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course assessment is based on student views and experiences as reported in written course evaluations and/or group discussions. Students will be informed of the result of the evaluation and of the measures to be taken.

#### Course Certificate

A course certificate will be provided upon request.

#### Additional Information

Students who enrolled before 1 July 2007 will complete their studies in accordance with the requirements of the earlier admission. Upon completion students may request degree and course certificates to be issued under the current ordinance if they meet its requirements.

The local regulations for studies at the Bachelor's and Master's levels at Karlstad University, ref. C2007/368, stipulate the obligations and rights of students and staff.

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