



Faculty of Health, Science and Technology  
Nursing Science

# Syllabus

## Management of symptoms and symptom clusters

<b>Course Code:</b>	OMA118
<b>Course Title:</b>	Management of symptoms and symptom clusters <i>Hantering av symtom och symptomkluster</i>
<b>Credits:</b>	7.5
<b>Degree Level:</b>	Master's level
<b>Progressive Specialisation:</b>	Second cycle, has only first-cycle course/s as entry requirements (A1N)

**Major Field of Study:**  
OMA (Nursing Science)

### Course Approval

The syllabus was approved by the Faculty of Health, Science and Technology 2023-06-08, and is valid from the Spring semester 2024 at Karlstad University.

### Prerequisites

60 ECTS credits completed at the Bachelor level in nursing and health care programmes, plus upper secondary level Swedish 3 or Swedish as a second language 3 and English 6 or A, or equivalent

### Learning Outcomes

Upon completion of the course, students should be able to:

- evaluate different models and theories of experiencing symptoms and symptom clusters,
- critically review methods for assessing symptoms and symptom clusters,
- systematically compile evidence for assessment of symptoms and symptom clusters, and
- justify relevant interventions for managing symptoms and symptom clusters with a holistic approach.

**Content**

Instruction is in the form of lectures, literature study, group work, and seminars.

The course integrates Nursing (5.5 ECTS cr) and Medical Science (2 ECTS cr) in instruction and examination:

Models for explaining symptom experiences

Models for managing symptoms

Assessment instruments and other methods for assessing symptoms

Nursing, complementary and medical interventions for the treatment of symptoms

Evidence-based care in relation to symptoms

**Reading List**

See separate document.

**Examination**

Assessment is based on an individual take-home exam presented in a seminar.

If students have a decision from Karlstad University entitling them to Targeted Study Support due to a documented disability, the examiner has the right to give such students an adapted examination or to examine them in a different manner.

**Grades**

One of the grades Fail (U), Pass (G), or Distinction (VG) is awarded in the examination of the course.

**Quality Assurance**

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course evaluation is partly based on student views and experiences obtained in accordance with current regulations and partly on other data and documentation. Students will be informed of the result of the evaluation and of any measures to be taken.

**Course Certificate**

A course certificate will be provided upon request.

**Additional information**

The local regulations for studies at the Bachelor and Master levels at Karlstad University stipulate the obligations and rights of students and staff.

Elective course for the Nursing Programme.