



Faculty of Health, Science and Technology
Oral Health

Syllabus

Conversation methodology and treatment for oral health-related behaviour change

Course Code:	OHG014
Course Title:	Conversation methodology and treatment for oral health-related behaviour change <i>Samtalsmetodik och bemötande vid munhälsorelaterad beteendeförändring</i>
Credits:	7.5
Degree Level:	Undergraduate level
Progressive Specialisation:	First cycle, has at least 60 credits in first-cycle course/s as entry requirements (G2F)

Major Field of Study:
OHA (Oral Health)

Course Approval

The syllabus was approved by the Faculty of Health, Science and Technology 2021-08-25, and is valid from the Spring semester 2022 at Karlstad University.

Prerequisites

60 ECTS credits completed in the Dental Hygiene programme, including Introduction to Oral Health - Theories, Profession and Science (7.5 ECTS credits), Anatomy, Physiology and Medical Microbiology for Dental Hygienists (7.5 ECTS credits), Preclinical Studies for the Dental Hygienist, Theory and Method (7.5 ECTS credits), Science Theory and Methods, Basic Course (7.5 ECTS credits), Health Psychology and Communication (7.5 ECTS credits), and Oral Health Prevention - Clinical Studies I (7.5 ECTS credits).

Registered for the courses Public Health and Oral Health Promotion (7.5 ECTS credits), Oral and General Health - Theory and Clinical Studies II (22.5 ECTS credits), and Children,

Adolescents and Young Adults - Health Promotion, Prevention and Treatment within the Dental Hygienist's Profession (15 ECTS credits).

Learning Outcomes

Upon completion of the course, students should be able to:

Knowledge and understanding

- give an account of the importance in dentistry of methods and models that affect behaviour,
- give an account of methods of conversation and communication applicable in dental care,
- give an account of treatment, conversation, and communication used with patients suffering from dental anxiety,
- give an account of the influence of individual well-being and general health on oral health for assessment and considerations in relation to conversation and communication, and
- identify significant factors for behaviour change regarding habits of oral health, diet, tobacco, and alcohol.

Competence and skills

- plan and apply strategies for advisory conversation and communication with motivational methods when habits of oral health, diet, tobacco, and alcohol pose a risk to oral health, and
- conduct conversation and communication with an ethical and professional approach.

Judgement and approach

- assess their own empathetic ability and professional approach in connection with conversation and communication in dentistry,
- reflect upon the meaning of health literacy and intercultural factors in relation to conversation and communication with patients and next-of-kin, and
- reflect upon oral health-related behaviour change based on a holistic view of human beings.

Content

- Health communication
- Dental anxiety
- Behaviour change
- Health literacy and intercultural factors
- Motivational conversations
- Advisory conversations
- National dentistry guidelines
- Habits related to dental hygiene, diet, tobacco, and alcohol
- Nicotine addiction and withdrawal
- Professional approach
- Holistic view of human beings
- Ethical principles

Reading List

See separate document.

Examination

Assessment is based on

- an individual written hand-in assignment
- a recorded conversation
- seminar

The number of assessment opportunities is limited to five.

If students have a decision from Karlstad University entitling them to Targeted Study Support due to a documented disability, the examiner has the right to give such students an adapted examination or to examine them in a different manner.

Grades

One of the grades Distinction (VG), Pass (G), or Fail (U) is awarded in the examination of the course.

Quality Assurance

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course evaluation is partly based on student views and experiences obtained in accordance with current regulations and partly on other data and documentation. Students will be informed of the result of the evaluation and of any measures to be taken.

Course Certificate

A course certificate will be provided upon request.

Additional information

The local regulations for studies at the Bachelor and Master levels at Karlstad University stipulate the obligations and rights of students and staff.