



Faculty of Health, Science and Technology
Oral Health

Syllabus

Health psychology and communication

Course Code:	OHG009
Course Title:	Health psychology and communication <i>Hälsopsykologi och kommunikation</i>
Credits:	7.5
Degree Level:	Undergraduate level
Progressive Specialisation:	First cycle, has only upper-secondary level entry requirements (G1N)

Major Field of Study:

Course Approval

The syllabus was approved by the Faculty of Health, Science and Technology 2023-02-21, and is valid from the Spring semester 2024 at Karlstad University.

Prerequisites

General admission requirements plus Mathematics 2a or 2b or 2c, Civics 1b or Civics 1a1 + 1a2, Natural Science 2 or Physics 1, Chemistry 1, and Biology 1

Learning Outcomes

Upon completion of the course, students should be able to:

Knowledge and understanding

- Give an account of developmental psychology theoretical perspectives
- Give an account of theories of health psychology, generally and in relation to dentistry
- Give an account of theories of health psychology in relation to health and well-being
- Give an account of methods for behavioural patient education in dentistry
- Give an account of an emphatic and professional approach to patients
- Give an account of theoretical perspectives on communication and counseling
- Explain cultural aspects of and intercultural approaches to communication and treatment

in dentistry

Competence and skills

- Conduct an oral counseling session based on a theoretical perspective on communication and treatment

Judgement and approach

- Reflect upon how health communication and treatment can influence the oral health of individuals
- Reflect upon their own approach to communication and treatment

Content

- Developmental psychology theories
- Health psychology theories and concepts
- Communication and health counseling
- Methods for behavioural patient education
- Empathy and a professional approach
- Cultural and intercultural aspects

Reading List

See separate document.

Examination

Assessment is based on:

- an individual written take-home exam,
- seminars, and
- oral assignments completed individually and in groups.

The number of assessment opportunities is limited to five.

If students have a decision from Karlstad University entitling them to Targeted Study Support due to a documented disability, the examiner has the right to give such students an adapted examination or to examine them in a different manner.

Grades

One of the grades Distinction (VG), Pass (G), or Fail (U) is awarded in the examination of the course.

Quality Assurance

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course evaluation is partly based on student views and experiences obtained in accordance with current regulations and partly on other data and documentation. Students will be informed of the result of the evaluation and of any measures to be taken.

Course Certificate

A course certificate will be provided upon request.

Additional information

The local regulations for studies at the Bachelor and Master levels at Karlstad University stipulate the obligations and rights of students and staff.