



Faculty of Health, Science and Technology  
Oral Health

# Syllabus

## Health psychology and communication

<b>Course Code:</b>	OHG009
<b>Course Title:</b>	Health psychology and communication <i>Hälsopsykologi och kommunikation</i>
<b>Credits:</b>	7.5
<b>Degree Level:</b>	Undergraduate level
<b>Progressive Specialisation:</b>	First cycle, has only upper-secondary level entry requirements (G1N)

### Major Field of Study:

### Course Approval

The syllabus was approved by the Faculty of Health, Science and Technology 2020-03-11, and is valid from the Spring semester 2021 at Karlstad University.

### Prerequisites

General admission requirements plus Mathematics 2a-c, Natural Science 2 or Physics 1, Chemistry 1, and Biology 1, Civics 1b or Civics 1a1 + 1a2 (field-specific eligibility A14)

### Learning Outcomes

Upon completion of the course, students should be able to:

Knowledge and understanding

- Give an account of developmental psychology theoretical perspectives
- Give an account of theories of health psychology, generally and in relation to dentistry
- Give an account of theories of health psychology in relation to health and well-being
- Give an account of methods for behavioural patient education in dentistry
- Give an account of an emphatic and professional approach to patients

- Give an account of theoretical perspectives on communication and counseling
- Explain cultural aspects of and intercultural approaches to communication and treatment in dentistry

#### Competence and skills

- Conduct an oral counseling session based on a theoretical perspective on communication and treatment

#### Judgement and approach

- Reflect upon how health communication and treatment can influence the oral health of individuals
- Reflect upon their own approach to communication and treatment

### **Content**

- Developmental psychology theories
- Health psychology theories and concepts
- Communication and health counseling
- Methods for behavioural patient education
- Empathy and a professional approach
- Cultural and intercultural aspects

### **Reading List**

See separate document.

### **Examination**

Assessment is based on an individual written exam and seminars.

The number of assessment opportunities is limited to five.

If students have a decision from Karlstad University entitling them to special pedagogical support due to a documented disability, the examiner has the right to give such students an adapted examination or to examine them in a different manner.

### **Grades**

One of the grades Distinction (VG), Pass (G), or Fail (U) is awarded in the examination of the course.

### **Quality Assurance**

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course evaluation is partly based on student views and experiences obtained in accordance with current regulations and partly on other data and documentation. Students will be informed of the result of the evaluation and of any measures to be taken.

### **Course Certificate**

A course certificate will be provided upon request.

### **Additional information**

The local regulations for studies at the Bachelor and Master levels at Karlstad University stipulate the obligations and rights of students and staff.