



Faculty of Health, Science and Technology  
Oral Health

# Syllabus

## Introduction to Oral Health - Theories, Profession and Science

<b>Course Code:</b>	OHG001
<b>Course Title:</b>	Introduction to Oral Health - Theories, Profession and Science <i>Introduktion till oral hälsa - teorier, profession och vetenskap</i>
<b>Credits:</b>	7.5
<b>Degree Level:</b>	Undergraduate level
<b>Progressive Specialisation:</b>	First cycle, has only upper-secondary level entry requirements (G1N)

**Major Field of Study:**  
OHA (Oral Health)

### Course Approval

The syllabus was approved by the Faculty of Health, Science and Technology 2020-03-11, and is valid from the Autumn semester 2020 at Karlstad University.

### Prerequisites

General admission requirements and upper secondary level Mathematics 2a-c, Natural Science 2 or Physics 1, Chemistry 1, and Biology 1, Civics 1b or Civics 1a1 + 1a2 (field-specific eligibility A14)

### Learning Outcomes

Upon completion of the course, students should be able to:

Knowledge and understanding

- Explain the significance of the main area oral health
- Give an account of different theories of health and well-being

- Describe the profession and professional role of the dental hygienist from historical, national, and international perspectives
- Give a general account of ordinances, guidelines, and professional ethical rules that regulate the profession of dental hygiene
- Explain the concepts promotion and prevention
- Provide a general explanation of the significance of the concepts science, improvement science, and sustainable work

#### Competence and skills

- Plan and carry out an individual and personal improvement project

#### Judgement and approach

- Reflect upon ethical rules in relation to the dental hygiene profession
- Reflect upon human rights from a general perspective and in relation to what they mean for professional practice in oral health
- Reflect upon the profession, professionalism, and collaboration with other professions in healthcare and municipal services
- Reflect upon the professional role of the dental hygienist
- Reflect upon their own learning and need for further knowledge

#### Content

- Basic concepts used in the main area of oral health
- Theories of and views on health and well-being
- The profession of the dental hygienist and professionalism
- Career paths in the profession of dental hygiene
- Ordinances and professional ethical rules
- National guidelines for dental care
- The concepts promotion and prevention
- Human rights
- Science and improvement science
- Sustainable development
- Observation visit, practical placement (VFU), one (1) day
- Reflection and documentation, portfolio

#### Reading List

See separate document.

#### Examination

Assessment is based on

- written hand-in assignments completed individually and in groups
- seminars
- an individual written exam

In order to pass the course, students also have to participate in an observation visit (practical placement/VFU).

The number of assessment opportunities is limited to five.

If students have a decision from Karlstad University entitling them to special pedagogical support due to a documented disability, the examiner has the right to give such students an adapted examination or to examine them in a different manner.

#### Grades

One of the grades Distinction (VG), Pass (G), or Fail (U) is awarded in the examination of the course.

**Quality Assurance**

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course evaluation is partly based on student views and experiences obtained in accordance with current regulations and partly on other data and documentation. Students will be informed of the result of the evaluation and of any measures to be taken.

**Course Certificate**

A course certificate will be provided upon request.

**Additional information**

The local regulations for studies at the Bachelor and Master levels at Karlstad University stipulate the obligations and rights of students and staff.

Travel and accommodation related to the mandatory observation visit may mean extra costs for students.