



Faculty of Health, Science and Technology  
Nursing Science

## Syllabus

### Family, children and adolescent nursing

**Course Code:** KMA316

**Course Title:** Family, children and adolescent nursing  
*Familje-, barn- och elevhälsovård*

**Credits:** 15

**Degree Level:** Master's level

**Progressive Specialisation:** Second cycle, has second-cycle course/s as entry requirements (A1F)

#### Major Field of Study:

#### Course Approval

The syllabus was approved by the Faculty of Health, Science and Technology 2017-02-15, and is valid from the Autumn semester 2017 at Karlstad University.

#### Prerequisites

Degree in Nursing and admission to the specialist nursing programme public health care. Upper secondary level Swedish 3 or B, or Swedish as a second language 3 or B, and English 6 or A, or equivalent

#### Learning Outcomes

Upon completion of the course, students should be able to:

- give an account of children and adolescents' normal physical and mental development in order to discern deviations,
- identify, assess, plan, conduct and evaluate nursing interventions in cases of common somatic conditions in children and adolescents, in consultation with the guardian,
- identify, assess, plan, conduct and evaluate nursing interventions in cases of common psychiatric conditions in children and adolescents, in consultation with the guardian,
- give an account of and argue for vaccinations and vaccination programmes for children and adolescents in relation to current legislation,
- give an account of the meaning of the concepts habilitation, rehabilitation and functional impairment in children and adolescents,
- identify functional impairment in children and adolescents and assess the need for habilitation and rehabilitation measures,
- perform CPR on children,
- give an account of and give arguments for the UN convention on the child's rights in relation to health and ill health, and diversity,
- plan child health care and health care in school based on current evidence and legislation,
- give an account of and distinguish between the roles of the school nurse and the children's health care nurse in the interprofessional team,\*
- plan, conduct and evaluate health examinations and vaccinations independently,\*

- identify and prevent health problems, health risks and risk environments frequented by children, adolescents, and families,\*
- plan and conduct health instruction independently,\*
- demonstrate ability to take a professional approach to family, children and adolescents.\*

\* Learning outcomes related to the clinical placement period

## **Content**

The course integrates nursing (5 ECTS cr) and medical science (10 ECTS cr).

Instruction is in the form of group work, lectures, field studies, clinical placement (6 weeks), study assignments and seminars. Attendance at the clinical placement is mandatory, and students' ability to work independently is emphasised. All instruction pays attention to the scientific basis and evidence-based knowledge of the field. Students study on their own, in groups and in on-campus meetings. The course is partly net-based and different information and communication techniques are used.

Different somatic and psychiatric disorders and health risks among children and adolescents are treated, along with appropriate interventions and treatments. Breast-feeding and nutrition interventions are studied specifically.

Functional impairment and development disorders as well as neuropsychiatric conditions are studied along with child habilitation. Students also study the need of and plan for support interventions for children, adolescents and families with special needs in conjunction with other actors. The UN convention on the rights of the child is treated in relation to sustainable social development and health equity among children and adolescents.

The role of the public health nurse in health promotion and preventive care among family, children and adolescents is treated in relation to current regulations. Areas in public health and preventive care are treated in relation to the national public health objectives and evidence, with a special focus on identifying health problems, risk environments and risk behaviour. The concepts of salutogenes, adherence and empowerment are treated. Students compile a presentation of a health promotion project, concerning, for example, abuse, diet, sex, relationships and diversity, which includes an account of the planning, conducting and evaluation of the project.

The duties of the public health nurse in maternity clinics and school health care are studied during the practical placement period, which gives students the opportunity to turn theory into practice. In particular, students develop skills in the areas of health examination, reception, telephone advising, documentation and vaccination of children, adolescents and their families. Students also study the role of the public health nurse as a health care leader in the cooperation with the maternity clinic and the school health care team. The organisation of school health care and child health care is studied. During the placement period, students develop their professional approach to and independence in the professional role.

## **Reading List**

See separate document.

## **Examination**

Assessment is based on a written digital exam, group report discussed in seminar, CPR on a doll, individual written report discussed in seminar, and performance during the practical placement.

The number of assessment opportunities for the placement is limited to two. Students who have failed to earn a Pass grade for the clinical placement are offered a second opportunity as soon as circumstances permit.

Supplementary examination is permitted if the material for the assessment of a learning outcome is lacking, or if the result is close to the requirements for a Pass grade. Additional material must be

submitted within six days of notification.

### **Grades**

One of the grades Distinction (VG), Pass (G), or Fail (U) is awarded in the examination of the course. One of the grades Fail (U) or Pass (G) is awarded in the examination of the clinical placement and the CPR test..

### **Quality Assurance**

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course evaluation is partly based on student views and experiences obtained in accordance with current regulations and partly on other data and documentation. Students will be informed of the result of the evaluation and of any measures to be taken.

### **Course Certificate**

A course certificate will be provided upon request.

### **Additional information**

The local regulations for studies at the Bachelor and Master levels at Karlstad University stipulate the obligations and rights of students and staff.

A student who, in the examiner's judgement, will fail to obtain a Pass grade for the practical placement component on the grounds of grave and unprofessional skills and conduct that may cause injury may be required to immediately discontinue the practical training. The discontinuation means that the examiner has failed the student. A student whose practical placement has been discontinued on the grounds of grave and unprofessional skills and conduct may not retake the practical placement until the examiner has ascertained that the student has the knowledge and skills required to re-take the practical placement. The decision must be submitted in writing and clearly state the grounds for the discontinuation. An individual study plan is then drawn up and approved for the student and specify the student's knowledge gaps and inadequate skills, the support offered to the student by the university, how the knowledge will be tested and when the first test will take place. The student has the right to two practical placement periods to obtain a Pass grade.

As stipulated in the Higher Education Act Chapter 2, sect. 6, SFS 1992: 1434, and Regulations of Student Expulsion from Higher Education SFS 1987: 915, a student who suffers from mental disorder, abuses alcohol or drugs, or has been guilty of a serious offence endangering others or valuable property can be expelled until further notice. In such a case, the Rector files a complaint to the Expulsion Board of Higher Education, which investigates the matter and makes a decision. A decision of expulsion shall always entail that the student must discontinue the education until further notice. The Expulsion Board of Higher Education is responsible for all Swedish higher education institutions.

Required course for the specialist nursing programme: Public health care