



Faculty of Health, Science and Technology
Nursing Science

Syllabus

Health promotion and preventive care in public health nursing

Course Code:	KMA315
Course Title:	Health promotion and preventive care in public health nursing <i>Hälsofrämjande och förebyggande omvårdnad, allmänmedicin och folkhälsa</i>
Credits:	15
Degree Level:	Master's level
Progressive Specialisation:	Second cycle, has only first-cycle course/s as entry requirements (A1N)

Major Field of Study:

Course Approval

The syllabus was approved by the Faculty of Health, Science and Technology 2017-02-15, and is valid from the Spring semester 2017 at Karlstad University.

Prerequisites

Nursing licence issued by the Swedish National Board for Health and Welfare. Nursing degree of 180 ECTS cr, including at least a degree project 15 ECTS cr, or a Bachelor degree in nursing, or equivalent. Professional experience as a nurse for at least 24 months full-time. Upper secondary level 3 or B/Swedish as a second language 3 or B and English 6 or A, or equivalent.

Learning Outcomes

Upon completion of the course, students should be able to:

- give an account of and reflect on the public health nurse profession,
- identify and compare different science paradigms,
- describe and analyse qualitative methods and evaluate validity and credibility,
- reflect on central concepts in public health and epidemiology at local, national and global levels in relation to sustainable development,
- give an account of and reflect on the health promoting and preventive aspects of public health nursing from an individual, group and societal perspective,
- identify health problems, risk behaviour and risk environments and independently plan and lead health promoting counselling,
- identify and apply pedagogical methods for health promoting and preventive care and learning,
- describe and apply person-centred models in health promoting counselling,
- give an account of health examinations and vaccinations and arguments for vaccinations on the basis of current legislation,
- conduct assessment of, and provide counselling and support to individuals of all ages and cultural backgrounds in different contexts,*

- assess the needs of and plan and conduct health examinations and vaccinations for various age groups,*
- plan and apply different treatment principles at a health care clinic,*
- explain the role of the public health nurse in the interprofessional health care team at a health care clinic,*
- explain the organisation and cooperation between care providers in connection with major accidents and disasters*
- give an account of and apply laws and regulations for disease control,*
- demonstrate professional conduct in the primary health care clinic.*

* Learning outcomes for the practical placement in a clinic

Content

The course integrates nursing (5 ECTS cr) and medical science (10 ECTS cr).

Instruction is in the form of group work, lectures, field studies, clinical placement (4 weeks), study assignments and seminars. Attendance at the clinical placement is mandatory, and students' ability to work independently is emphasised. All instruction pays attention to the scientific basis and evidence-based knowledge of the field. Students study on their own, in groups and in on-campus meetings. The course is partly net-based and different information and communication techniques are used.

Students interview a practising nurse, applying qualitative interview methodology and in this connection deepen their understanding of the role of the public health nurse in terms of competences and professional ethics. The leadership of the public health nurse in terms of responsibility and function is studied in relation to laws and regulations, working environment, personnel issues, liability cases, deviation reporting, delegation and diversity. Qualitative research methods in nursing are analysed in regard to the purpose, design, data collection, analysis method and credibility of different research projects.

Epidemiology is studied on the basis of theory, central concepts and health determinants. Public health, distribution of health, global health, international and national public health objectives are studied in relation to the need to ensure that the societal development will be conducive to the health of future generations. Health promotion is studied on the basis of planned and systematic initiatives, targeting the community, groups and individuals, to promote health and prevent disease. Risk factors of ill health and premature death are studied as well as health factors and protection factors enhancing health, well-being and life quality from an existential, physical, mental, cultural and social perspective.

Advisory and supportive conversation methods and difficult conversations are practised through exercises based on the motivational interviewing method. Theory of science is studied with emphasis on differences and similarities between various science paradigms parallels drawn to nursing as a science.

The public health nurse's function in primary health care are studied in a four-week clinical placement period giving students the opportunity to turn theory into practice. This includes planning, performing and evaluating health examination, reception, telephone advising and vaccination, and the study of professional conduct in the nursing of patients in different situations. In addition, students study the organisation of primary health care and the role of the health clinic in the event of major accidents and disasters. The role of the public health nurse and cooperation in relation to the interprofessional team are also studied. During the placement period, students develop professionally, adopting a professional approach to and independence in the professional role. They reflect on and demonstrate understanding of the meaning of respecting the patient's and the client's dignity, integrity and autonomy, and demonstrate professional conduct characterised by insight, judgement and expertise.

Reading List

See separate document.

Examination

Assessment is based on two written group reports, the second of which is discussed in seminar, seminar with situation roleplay, individual netbased exam, and individual assessment of the student's practical performance in clinical studies.

The number of assessment opportunities for the placement is limited to two. Students who have failed to earn a Pass grade for the clinical placement are offered a second opportunity as soon as circumstances permit.

Supplementary examination is permitted if the material for the assessment of a learning outcome is lacking, or if the result is close to the requirements for a Pass grade. Additional material must be submitted within six days of notification.

Grades

One of the grades Distinction (VG), Pass (G), or Fail (U) is awarded in the examination of the course. One of the grades Fail (U) or Pass (G) is awarded in the examination of the learning outcomes of the clinical placement.

Quality Assurance

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course evaluation is partly based on student views and experiences obtained in accordance with current regulations and partly on other data and documentation. Students will be informed of the result of the evaluation and of any measures to be taken.

Course Certificate

A course certificate will be provided upon request.

Additional information

The local regulations for studies at the Bachelor's and Master's levels at Karlstad University stipulate the obligations and rights of students and staff.

Required course for the specialist nursing programme: Public health care

A student who, in the examiner's judgement, will fail to obtain a Pass grade for the practical placement component on the grounds of grave and unprofessional skills and conduct that may cause injury may be required to immediately discontinue the practical training. The discontinuation means that the examiner has failed the student. A student whose practical placement has been discontinued on the grounds of grave and unprofessional skills and conduct may not retake the practical placement until the examiner has ascertained that the student has the knowledge and skills required to re-take the practical placement. The decision must be submitted in writing and clearly state the grounds for the discontinuation. An individual study plan is then drawn up and approved for the student and specify the student's knowledge gaps and inadequate skills, the support offered to the student by the university, how the knowledge will be tested and when the first test will take place. The student has the right to two practical placement periods to obtain a Pass grade.

As stipulated in the Higher Education Act Chapter 2, sect. 6, SFS 1992: 1434, and Regulations of Student Expulsion from Higher Education SFS 1987: 915, a student who suffers from mental disorder, abuses alcohol or drugs, or has been guilty of a serious offence endangering others or valuable property can be expelled until further notice. In such a case, the Rector files a complaint to the Expulsion Board of Higher Education, which investigates the matter and makes a decision. A decision of expulsion shall always entail that the student must discontinue the education until further notice. The Expulsion Board of Higher Education is responsible for all Swedish higher education institutions.