



Faculty of Health, Science and Technology  
Sports Science

Syllabus

**Course Approval**

The syllabus was approved by the Faculty Board of Health, Science and Technology on 13 December 2013 , and is valid from the Spring semester of 2014 at Karlstad University.

**Course Code: IDGCC4**

**Sports and Health Related Practical Placement II, 7.5 ECTS Credits**

**(Idrotts- och hälsorelaterad verksamhetsförlagd utbildning II, 7.5 Swedish credit points)**

**Degree Level:** Bachelor

**Progressive Specialisation:** G2F (First cycle, has at least 60 credits in first-cycle course/s as entry requirements)

**Language of Instruction**

Swedish

**Prerequisites**

Students enrolled in the Sports Science Programme, specialisation sports coaching with completed courses in year one (60 ECTS cr) and attended courses totalling 30 ECTS cr in the third semester.

**Major Field of Study**

IVA (Sports Science)

**Learning Outcomes**

Upon completion of the course, students should be able to:

- plan, conduct, and evaluate sports and health promoting coaching,
- apply their knowledge of different sports and health promoting subject areas to relevant activities,
- critically analyse and approach learning, coaching and knowledge development from a sports and health promoting perspective,
- organise sports and health promoting activities adapted to the age and gender of the target groups,
- apply ethical principles to the activities concerned.

**Content and Form of Instruction**

The course is in the form of practical placement in the area of sports and health promotion. Instruction is in the form of supervision, seminar, and conducting and presenting methodology hands-on in sports and health promoting activities.

The course comprises:

Practical placement in areas clearly suited to the students' potential employment market.

Students acquire knowledge of the sport and health promoting employment market and have the opportunity to relate and practise their knowledge of coaching. Organisational and administrative as well as ethical issues of the area are studied. The course is concluded with the students presenting their practical placement period orally to their fellow-students and in writing.

## Reading List

See separate document.

## Examination

Assessment is based on a literature seminar and a written individual hand-in assignment.

## Grades

One of the grades Fail (U), Pass (G), or Distinction (VG) is awarded in the examination of the course.

Assessment criteria are specified in the study guide.

## Quality Assurance

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course assessment is based on student views and experiences as reported in written course evaluations and/or group discussions. Students will be informed of the result of the evaluation and of the measures to be taken.

## Course Certificate

A course certificate will be provided upon request.

## Additional Information

Students who enrolled before 1 July 2007 will complete their studies in accordance with the requirements of the earlier admission. Upon completion students may request degree and course certificates to be issued under the current ordinance if they meet its requirements.

The local regulations for studies at the Bachelor's and Master's levels at Karlstad University stipulate the obligations and rights of students and staff.

As stipulated in the Higher Education Act Chapter 2, sect. 6, SFS 1992: 1434, and Regulations of Student Expulsion from Higher Education SFS 1987: 915, a student who suffers from mental disorder, abuses alcohol or drugs, or has been guilty of a serious offence endangering others or valuable property can be expelled until further notice. In such a case, the Rector files a complaint to the Expulsion Board of Higher Education, which investigates the matter and makes a decision. A decision of expulsion shall always entail that the student must discontinue the education until further notice. The Expulsion Board of Higher Education is responsible for all Swedish higher education institutions.

A student who, in the examiner's judgement, will fail to obtain a Pass grade for the practical training component on the grounds of grave and unprofessional conduct may be required to immediately discontinue the placement.