



Faculty of Health, Science and Technology  
Sports Science

Syllabus

### **Course Approval**

The syllabus was approved by the Faculty Board of Health, Science and Technology on 17 February 2014, and is valid from the Autumn semester of 2014 at Karlstad University.

**Course Code:** IDGBB4

**Sports and Health Related Practical Placement I, 7.5 ECTS Credits**

**(Idrotts- och hälsorelaterad verksamhetsförlagd utbildning I, 7.5 Swedish credit points)**

**Degree Level:** Bachelor

**Progressive Specialisation:** G1F (First cycle, has less than 60 credits in first-cycle course/s as entry requirements)

### **Language of Instruction**

Swedish

### **Prerequisites**

Sports Psychology 7.5 ECTS cr, Applied Sports Psychology 7.5 ECTS cr and Performance Enhancement Strategies 7,5 ECTS cr, or equivalent.

### **Major Field of Study**

IVA (Sports Science)

### **Learning Outcomes**

Upon completion of the course, students should be able to:

- plan, carry out, and evaluate sports and health promotion activities,
- apply knowledge from different sports and health areas to relevant activities,
- critically analyse and approach sports and health promoting learning and knowledge development,
- conduct sporting and health promoting activities adapted to the age and gender of the target groups,
- apply ethical principles to the activity in question.

### **Content and Form of Instruction**

The course includes practical placement in the area of sports and health promotion. Instruction is in the form of supervision, seminar and practical performance and presentation of methods in the sports and health field.

The course comprises:

Practical placement related to the students potential employment market.

Students are expected to gain experience and knowledge of their future occupations in sports and health promotion and practise the knowledge. They also study organisational and administrative issues and ethical aspects in the area. The course concludes with the students' presentations of their placement period orally and in writing.

### **Reading List**

See separate document.

#### Examination

Assessment is based on literature seminars, written individual hand-in assignments and practical presentations.

#### Grades

One of the grades Fail (U), Pass (G), or Distinction (VG) is awarded in the examination. Assessment criteria for the grade Distinction are specified in the study guide.

#### Quality Assurance

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course assessment is based on student views and experiences as reported in written course evaluations and/or group discussions. Students will be informed of the result of the evaluation and of the measures to be taken.

#### Course Certificate

A course certificate will be provided upon request.

#### Additional Information

Students who enrolled before 1 July 2007 will complete their studies in accordance with the requirements of the earlier admission. Upon completion students may request degree and course certificates to be issued under the current ordinance if they meet its requirements.

The local regulations for studies at the Bachelor's and Master's levels at Karlstad University stipulate the obligations and rights of students and staff.

As stipulated in the Higher Education Act Ch. 2, sect. 6, SFS 1992: 1434, and Regulations of Student Expulsion from Higher Education SFS 1987: 915, a student who suffers from mental disorder, abuses alcohol or drugs, or has been guilty of a serious offence endangering others or valuable property can be expelled until further notice. In such a case, the Rector files a complaint to the Expulsion Board of Higher Education, which investigates the matter and makes a decision. A decision of expulsion shall always entail that the student must discontinue the education until further notice. The Expulsion Board of Higher Education is responsible for all Swedish higher education institutions.

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