



Faculty of Arts and Social Sciences  
Sports Science

# Syllabus

## Sports and Health Related Practical Placement I

<b>Course Code:</b>	IDGB14
<b>Course Title:</b>	Sports and Health Related Practical Placement I <i>Idrotts- och hälsorelaterad verksamhetsförlagd utbildning I</i>
<b>Credits:</b>	7.5
<b>Degree Level:</b>	Undergraduate level
<b>Progressive Specialisation:</b>	First cycle, has less than 60 credits in first-cycle course/s as entry requirements (G1F)

**Major Field of Study:**  
IVA (Sports Science)

### Course Approval

The syllabus was approved by the Faculty of Arts and Social Sciences 2020-02-25, and is valid from the Autumn semester 2020 at Karlstad University.

### Prerequisites

30 ECTS credits completed in the Sport Science/Sport Coaching Programme (SGIDV) or the Sports and Health Coaching Programme (SGIHP), or equivalent

### Learning Outcomes

Upon completion of the course, students should be able to:

- plan, carry out, and evaluate sports and health promotion activities,
- critically analyse sports and health promoting learning and knowledge development,
- conduct sporting and health promoting activities adapted to the target group, and
- apply ethical principles to the sporting and health promoting activities in question.

### Content

The course includes practical placement in the area of sports and health promotion. The practical placement (VFU, five weeks) is clearly aimed at the students' future entry into the labour market. Students are responsible for finding possible workplaces with support from and in consultation with the programme coordinator.

In relation to the practical placement, students are expected to gain experience and knowledge of their future occupations in sports and health promotion and apply their knowledge. They also study organisational and administrative issues and ethical aspects in the area. The course concludes with the students' presentations of their placement period, orally to an audience of their peers and in writing in an individual report.

Instruction is in the form of supervision, a seminar, and practical performance and presentation of methods in the sports and health field.

### **Reading List**

See separate document.

### **Examination**

Assessment is based on documented presence in the workplace during regular working hours for employees, a written placement report, an independent project, and active participation in seminars.

If students have a decision from Karlstad University entitling them to special pedagogical support due to a documented disability, the examiner has the right to give such students an adapted examination or to examine them in a different manner.

### **Grades**

One of the grades Distinction (VG), Pass (G), or Fail (U) is awarded in the examination of the course.

### **Quality Assurance**

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course evaluation is partly based on student views and experiences obtained in accordance with current regulations and partly on other data and documentation. Students will be informed of the result of the evaluation and of any measures to be taken.

### **Course Certificate**

A course certificate will be provided upon request.

### **Additional information**

The local regulations for studies at the Bachelor and Master levels at Karlstad University stipulate the obligations and rights of students and staff.

As stipulated in the Higher Education Act Ch. 4, sect. 6, SFS 1992: 1434, and Regulations of Student Expulsion from Higher Education SFS 1987: 915, a student who suffers from mental disorder, abuses alcohol or drugs, or has been guilty of a serious offence endangering others or valuable property can be expelled until further notice. In such a case, the Vice-Chancellor files a complaint to the Expulsion Board of Higher Education, which investigates the matter and makes a decision. A decision of expulsion shall always entail that the student must discontinue the education until further notice. The Expulsion Board of Higher Education is responsible for all Swedish higher education institutions.

It is also possible to discontinue practical placement periods in case of for instance significant work environment problems.