



Board of Teacher Education
Sports Science

Syllabus

Physical education 4

Course Code:	IDAL91
Course Title:	Physical education 4 <i>Physical education 4</i>
Credits:	7.5
Degree Level:	Master's level
Progressive Specialisation:	Second cycle, has only first-cycle course/s as entry requirements (A1N)

Major Field of Study:

Course Approval

The syllabus was approved by the Board of Teacher Education 2015-05-19, and is valid from the Autumn semester 2015 at Karlstad University.

Prerequisites

IDGL01, IDGL02 and IDGL03

Learning Outcomes

The aim of the course is that students enhance their understanding of their future teaching profession regarding the learning process and health promotion, grading and assessing, and cultural perspectives on outdoor activities.

Upon completion of the course, students should be able to:

- 1) plan teaching sequences in physical and health education and problematise its health effects
- 2) compare different forms of grading and assessing
- 3) discuss outdoor activities in an international perspective.

Content

The course centres on the role of the physical and health education teacher in relation to the learning process and health promotion. Grading and assessing, local pedagogical plans, (LPP), individual development plans (IUP) and outdoor recreation traditions are also included. The course also encourages students to reflect on their role as PE instructors in relation to current debates on sports and health.

Reading List

See separate document.

Examination

Assessment is based on individual hand-in assignments (learning outcome 1), take-home exam (learning outcome 2) seminar (learning outcome 3). Submitted material for assessment must clearly

indicate individual contributions.

Grades

One of the grades Distinction (VG), Pass (G), or Fail (U) is awarded in the examination of the course.

Quality Assurance

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course evaluation is partly based on student views and experiences obtained in accordance with current regulations and partly on other data and documentation. Students will be informed of the result of the evaluation and of any measures to be taken.

Course Certificate

A course certificate will be provided upon request.

Additional information

The local regulations for studies at the Bachelor's and Master's levels at Karlstad University stipulate the obligations and rights of students and staff.

Teacher Education Programme course