



Faculty of Health, Science and Technology
Public Health Science

Syllabus

Introduction to Public Health Science

Course Code:	FHGIF1
Course Title:	Introduction to Public Health Science <i>Introduktion till folkhälsovetenskap</i>
Credits:	15
Degree Level:	Undergraduate level
Progressive Specialisation:	First cycle, has only upper-secondary level entry requirements (G1N)

Major Field of Study:
FHA (Public Health Sciences)

Course Approval

The syllabus was approved by the Faculty of Health, Science and Technology 2023-01-31, and is valid from the Autumn semester 2023 at Karlstad University.

Prerequisites

General admission requirements

Learning Outcomes

Knowledge and understanding

Upon completion of the course, students should be able to:

- describe basic concepts, target documents and theories of public health science,
- give an account of determinant factors of health and their impact on public health,
- describe public health problems in a national and international perspective,
- describe the UN Agenda 2030 sustainable development goals, their development and how they relate to each other, and
- describe the emergence of sustainable development.

Competence and skills

Upon completion of the course, students should be able to:

- perform literature searches and understand and carry out correct referencing,
- apply the basic conventions of academic writing in their own writing process, and
- identify the role of different actors in public health work.

Judgement and approach

Upon completion of the course, students should be able to:

- reflect upon national public health objectives in relation to the UN Agenda 2030 sustainable development goals, and
- reflect upon health issues in terms of sustainable development and equality perspectives.

Content

The course covers health and public health from historical, cultural, global and sustainability perspectives, including the national public health objectives and the UN sustainable development goals as well as the determinant factors of public health. The course also covers ways in which ethnicity, gender, and socioeconomic aspects may influence public health, a holistic view of human beings, human rights, ethics and morals, and the concepts of health and disease.

Reading List

See separate document.

Examination

Assessment is based on seminars, one of which takes place on campus, a group assignment, and two individual written take-home exams.

If students have a decision from Karlstad University entitling them to Targeted Study Support due to a documented disability, the examiner has the right to give such students an adapted examination or to examine them in a different manner.

Grades

One of the grades Distinction (VG), Pass (G), or Fail (U) is awarded in the examination of the course.

Quality Assurance

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course evaluation is partly based on student views and experiences obtained in accordance with current regulations and partly on other data and documentation. Students will be informed of the result of the evaluation and of any measures to be taken.

Course Certificate

A course certificate will be provided upon request.

Additional information

The local regulations for studies at the Bachelor and Master levels at Karlstad University stipulate the obligations and rights of students and staff.