



Faculty of Health, Science and Technology
Public Health Science

Syllabus

Introduction to Public Health Science

Course Code:	FHGFH2
Course Title:	Introduction to Public Health Science <i>Introduktion till folkhälsovetenskap</i>
Credits:	7.5
Degree Level:	Undergraduate level
Progressive Specialisation:	First cycle, has only upper-secondary level entry requirements (G1N)

Major Field of Study:
FHA (Public Health Sciences)
HFR (Health Promotion)

Course Approval

The syllabus was approved by the Faculty of Health, Science and Technology 2019-02-20, and is valid from the Autumn semester 2019 at Karlstad University.

Prerequisites

General admission requirements

Learning Outcomes

Knowledge and understanding

Upon completion of the course, students should be able to:

- describe basic concepts and theories of public health science,
- describe the basics of epidemiology,
- explain determinant factors and their impact on public health, and
- describe public health problems in a historical, cultural, and global perspective.

Competence and skills

Upon completion of the course, students should be able to:

- reflect upon national public health objectives and the planning of public health work, and
- identify theories and models in public health work.

Judgement and approach

Upon completion of the course, students should be able to:

- reflect upon ethnicity, class, and gender perspectives on public health work,
- demonstrate some development of a critical approach to the course literature and public health work in practice.

Content

The course covers health and public health in a historical, cultural, and global perspective, including the national public health objectives and the determinant factors of public health, theories and models used in public health science, and how ethnicity, gender, and socioeconomic aspects may influence public health. The course also includes the unequal distribution of health, a holistic view of human beings, ethics and morals, and the concepts of health and disease. How health developments at the population level can be measured and followed up is a central point.

Reading List

See separate document.

Examination

Assessment is based on a seminar, a group assignment, and a written individual take-home exam.

Grades

One of the grades Distinction (VG), Pass (G), or Fail (U) is awarded in the examination of the course.

Quality Assurance

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course evaluation is partly based on student views and experiences obtained in accordance with current regulations and partly on other data and documentation. Students will be informed of the result of the evaluation and of any measures to be taken.

Course Certificate

A course certificate will be provided upon request.

Additional information

The local regulations for studies at the Bachelor and Master levels at Karlstad University stipulate the obligations and rights of students and staff.

This is a web-based distance course. It may be possible for students to attend lectures on campus occasionally.