



Faculty of Health, Science and Technology
Public Health Science

Syllabus

Public Health Sciences: Practical Training

Course Code:	FHAPR1
Course Title:	Public Health Sciences: Practical Training <i>Folkhälsovetenskap praktik</i>
Credits:	15
Degree Level:	Master's level
Progressive Specialisation:	Second cycle, has second-cycle course/s as entry requirements (A1F)

Major Field of Study:
FHA (Public Health Sciences)

Course Approval

The syllabus was approved by the Faculty of Health, Science and Technology 2026-02-27, and is valid from the Autumn semester 2026 at Karlstad University.

Prerequisites

30 credits completed in the Master Programme in Public Health Science: Childrens Life and Health. Upper secondary school level Swedish 3 and English 6, or Swedish level 3 and English level 2. An equivalence assessment can be made.

Learning Outcomes

Upon completion of the course, students should be able to

1. give an account of the structure, mission and objectives of an organisation from a public health perspective,
2. identify and assess health-promoting and preventive interventions from an experience- and evidence-based perspective,
3. analyse how work methods and approaches contribute to sustainable development in line with public health goals,
4. communicate their own analyses and reflections orally and in writing, with reference to an organisational context, public health theories, and societal and political structures,
5. describe and critically reflect upon the relationship between public health efforts and political decision-making processes,
6. reflect on how different stakeholders, including idea-based organisations and civil society, contribute to public health and social responsibility, and
7. identify their own need for further knowledge and skills in public health science for continued professional development.

Content

The course includes a practical placement related to public health and is designed to deepen the students' understanding of public health efforts in practice. Students are responsible for arranging their own placement with an organisation, public authority or government agency relevant to the field of public health, and for proposing a supervisor. This is done in consultation with the course coordinator and the placement coordinator at the university.

The structure of the placement should be adapted to the needs and circumstances of both the placement organisation and the student. Students are expected to take an active part in the routine tasks of the organisation in order to develop knowledge in one or more areas, such as case management, planning and investigative work, information and communication, and documentation. Together, the student and the supervisor create a plan for the placement, taking these guidelines into account. During the placement, students must be given the opportunity to complete a placement assignment in accordance with specific instructions. Throughout the course, students undertake independent work in

which the practical experience is linked to theoretical knowledge in public health science.

Instruction is in the form of an initial workplace introduction, followed by regular meetings with the supervisor.

Reading List

See separate document.

Examination

Assessment is based on individual written assignments, followed by a seminar held on campus in Karlstad.

For a Pass grade, the student must be present for at least 16 hours per week, in accordance with the placement plan established for the specific placement. The placement must be carried out without interruption and may include both on-site and online components. The student's participation and attendance must be verified through a placement report signed by the supervisor.

The number of assessment opportunities for the practical placement is limited to two.

If students have a decision from Karlstad University entitling them to Targeted Study Support due to a documented disability, the examiner has the right to give such students an adapted examination or to examine them in a different manner.

Grades

One of the grades Pass with Distinction (VG), Pass (G), or Fail (U) is awarded in the examination of the course.

Quality Assurance

Follow-up relating to learning conditions and goal-fulfilment takes place both during and upon completion of the course in order to ensure continuous improvement. Course evaluation is partly based on student views and experiences obtained in accordance with current regulations and partly on other data and documentation. Students will be informed of the result of the evaluation and of any measures to be taken.

Course Certificate

A course certificate will be provided upon request.

Additional information

The local regulations for studies at the Bachelor's and Master's levels at Karlstad University stipulate the obligations and rights of students and staff.

As stipulated in the Higher Education Act, Chap. 4, Sect. 6, SFS 1992: 1434, and Regulations of Student Expulsion from Higher Education SFS 2007: 989, a student who suffers from mental disorder, abuses alcohol or drugs, or has been guilty of a serious offence endangering others or valuable property can be expelled until further notice. In such a case, the vice-chancellor files a complaint to the Expulsion Board of Higher Education, which investigates the matter and makes a decision. A decision of expulsion shall always entail that the student must discontinue the education until further notice. The Expulsion Board of Higher Education is responsible for all Swedish higher education institutions.